

Kinesiology M.Ed. Capstone Project Guidelines for KIN 5995: Research Problems in Applied Kinesiology

General Guidelines

The following are general guidelines for the completion of the M.Ed. capstone project (KIN 5995: Research Problems in Applied Kinesiology). This project should be completed near the end of the M.Ed. program as an outcome of the student's education and experience. KIN 5995 requires that the student identify a problem or need in a selected area of professional practice in Kinesiology and design a project that addresses this problem. The final product should be useful for the student's intended professional practice.

NOTE: KIN 5995: Research Problems is offered as a hybrid course during spring semesters, and students are therefore strongly encouraged to complete the course during the spring semester of their final year.

I. Meet with one of the M.Ed. Directors (Dr. Vicki Schull: Sport Management M.Ed.; Dr. Christopher Lundstrom: Sport and Exercise Science M.Ed.; Physical Activity and Health M.Ed.) to outline plans for your capstone project. Your M.Ed. Program Director will supervise your project. You may also consult with any teaching faculty member in Kinesiology as a content expert while completing your project.

A. Students are encouraged to undertake a project of practical importance to their educational and professional objectives. Some examples of capstone projects include the following:

- Handbook for college athletics department
- Curriculum guide for school physical education
- Youth sport parent survey
- Parent or athlete handbooks
- Athletic recruitment handbook for high school students
- Teaching assistant course materials for university athletic training course
- Annual plan for coaching
- Interviews with specific populations regarding sports participation
- Proposal for adding a new sport to meet gender equity requirements
- Action research project on motivational orientation for participation in physical education classes
- Video or video series for use in an educational environment
- Review of literature on selected topic
- Summer camp youth sport guides
- Developing an internet site
- Action research or small pilot studies

Your project should require approximately 135 clock hours (45 hrs per semester credit x 3 credits) of effort on your part to complete. Exceptionally time intensive projects may be eligible for up to 6 credits following the 45 hrs/credit guideline.

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- B. Once your Program Director has approved your topic, prepare the Project Outline on pages 3-5 of this form.
 - C. Submit a copy of the Project Outline to your Program Director so that both of you are clear on (a) your project plans, (b) what will be submitted at the end of the project, and (c) the criteria for evaluation. Once the Project Outline is finalized, both parties should sign the form.
 - D. Register for 3 semester credits of KIN 5995 by requesting a permission number from your Program Director. (In some cases, students may register for 4 credits of KIN 5995. Please discuss this with your Program Director if applicable to your coursework).
 - E. If you are working with human subjects, you MUST go through the Institutional Review Board (IRB): See <https://research.umn.edu/units/irb/ethos/ethos-log> for more information. You must submit the information to the faculty adviser working with you on your project.
- A. Complete your project and submit to your Program Director by the start of the semester in which you are registered for KIN 5995.
- A. Attend scheduled hybrid class sessions, and maintain regular contact with your Program Director throughout the semester to report on the progress on your project.
 - B. At the end of the semester, submit the final project in the agreed upon format. The Program Director is responsible for evaluating and grading the final project and submitting a grade.
 - C. Your final written project must be received by the end of the semester; otherwise, you may receive a grade of “F,” unless the student and Program Director have agreed upon terms and signed the Incomplete Grade Contract.

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Project Outline

KIN 5995: Research Problems in Applied Kinesiology

Student Name (print):

Faculty adviser Name (print):

Student ID#:

Semester/Year of Project:

Project Title:

A.

Describe the project:

1. Professional practice problem or need you are addressing:

2. What are the project objectives?

3. What is your detailed plan for completing the project?

4. What sources/background information will you consult as you plan your project?

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Updated 10-2017

5. List number of KIN 5995 credits (minimum of 3 for capstone project) you will register for and detail how you will spend the hours required per credit.

B. Describe the product that you will submit to the faculty adviser at the end of the term: 1.

Format (e.g., literature review, article for submission, action research project, or video series)

2. Estimated length and detail of content

3. Style (e.g., Word processor, double spaced, APA format, etc.)

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Updated 10-2017

C. Criteria used for evaluation (to be completed by faculty adviser):

1. Accomplishment of stated intentions

2. Quality and presentation of the final product

3. Additional evaluation criteria required by faculty adviser

We agree to this plan for KIN 5995: Research Problems in Applied Kinesiology for the listed term and year. It is understood that if the final product is not received by the end of the term, the student may receive a grade of "F" unless a prior agreement has been made (Incomplete Grade Contract) with the instructor to receive an "I."

Student signature Date

Faculty adviser signature Date